

**EFIT (Emotionally Focused Individual Therapy) Group Supervision/Consultation
WINTER SESSION
JANUARY TO MAY, 2017**

Looking to enhance your work with **individual clients**?
Longing to stay on track with following the EFIT map?
Seeking to clarify the steps and tasks you are working on with your clients in each session?

Here is your opportunity to co-create a safe community of colleagues in EFIT Group Supervision/Consultation.

Join a group of people meeting on an ongoing basis. Count on your colleagues to be there for you.

Take initiative in the context of a safe group to set your personal goals for enhancing your EFT practice. For example – tracking the cycle, focusing in on attachment-related experience, deepening emotion, recognizing and following markers, staying with the process, etc.

Prerequisite: to have taken an EFT Couples Externship or the EFIT (Emotionally Focused Individual Therapy) training. (Both are not required)

Fridays, January 27, February 24, March 24, April 21, and May 26, 2017

- **10:00 to 12:00 p.m. CST**

Rates: Pre-registration required for all five sessions (for group cohesion). \$400

Methods of payment: Write cheque to Lorrie Brubacher and mail to 611 – 77 Edmonton Street, Winnipeg, MB R3C 4H8

Or pay via PayPal at <http://lbrubacher.com/training.htm>

Please advise Heather Pringle (heatherpringlecounselling@gmail.com) by Wednesday, January 25th of your intention to attend or not – and whether it will be in person, or online. **If you are new to participating in this group via VSee, please be certain to set up with Lorrie in advance.** We will use VSee since it is encrypted, more secure than Skype and HIPPA compliant.

Group size is limited - sign up early to reserve your spot.