

Couple Therapy Does Work - When you Know the Science of Love!



Winnipeg Emotionally
Focused Therapy
Training & Consulting
presents

EXTERNSHIP IN EMOTIONALLY FOCUSED THERAPY

**Looking to expand your
effectiveness in working with
couples?**

Learn one of the best validated and most effective approaches to changing distressed couple relationships into loving, secure bonds. Over thirty years of scientific research validates the success rate of this model and shows its relapse rate to be very low compared to other couple therapies. Discover how the new science of love and relationships is ushering in a new era of psychotherapy!

October 2- 5, 2019

9:00 a.m. – 5:00 p.m.

Location:

**Winnipeg Conservatory of Music
1476 Portage Ave. Winnipeg, MB**

Offered in conjunction with Dr. Susan Johnson and the International Centre for Excellence in Emotionally Focused Therapy, Ottawa, Canada (ICEEFT) www.iceeft.com

This 28-hour/four-day course covers the fundamentals of EFT and is the first step towards becoming certified as an EFT therapist.



EMOTIONALLY FOCUSED THERAPY is a short-term, structured and tested approach to reduce stress in adult love relationships and create more secure attachment bonds. It is also used with families and individuals.

Formulated in the 1980s it is growing in popularity across North America and internationally. Research shows that 70-75% of couples move from distress to recovery and approximately 90% show significant improvements.

An Externship includes presentations of theory, clinical techniques and skills, training exercises, video recordings, observation of live interviews and discussion of specific cases and clinical issues.

Participants learn:

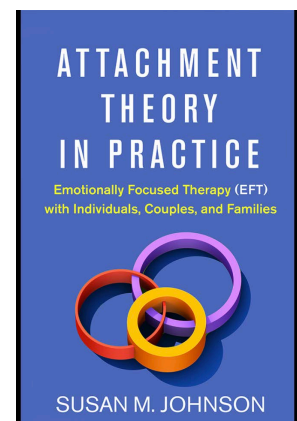
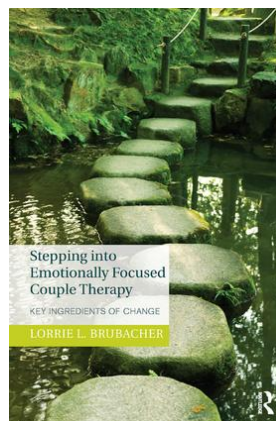
- To see marital distress from an attachment perspective
- To help partners reprocess the emotional responses that maintain marital distress
- To shape key new interaction and bonding events
- To overcome therapeutic impasses.

An extensive manual will be provided, along with **complimentary copies** of

Attachment Theory in Practice: Emotionally Focused Therapy with Individuals, Couples and Families (2019) by Dr. S. Johnson

and

Stepping into Emotionally Focused Couple Therapy: Key Ingredients of Change (2018) by L. Brubacher



Fee: \$950 (\$900 early bird) Students: \$650 (early bird: \$600) **Early bird deadline August 1, 2019**

The trainers - a team of two ICEEFT Certified EFT Trainers, who train internationally.

Lorrie Brubacher, M Ed, LMFT (NC), RMFT (Canada), Winnipeg EFT, Training & Consulting | lbrubacher.com

and special guest trainer:

Dr. Robert Allen, Robert Allan, Ph.D., LPC, LMFT | drrobertallan.com/



Lorrie is the Founder and Director of the Carolina Center for EFT, and Winnipeg Emotionally Focused Therapy, Training & Consulting. She maintains private practices in Winnipeg & Greensboro, is an adjunct at UNC Greensboro and works in private practice in couple and family therapy since 1989. She has co-authored several chapters with Dr. Sue Johnson and written (2018) *Stepping into Emotionally Focused Couple Therapy: Key Ingredients of Change*. Read about the book and get training videos at <https://steppingintoeft.com/>



Robert, a Canadian from the east coast, is an Assistant Professor at the University of Colorado Denver, maintains a practice in Denver, and is a leader in the Denver EFT Community. He is an ICEEFT certified therapist, supervisor, and trainer, and his interest in EFT extends to his research. Robert has trained counselors and therapists learning EFT in four different countries over the last ten years. Robert is the Co-editor and Contributor of *Creating Cultural Safety in Couple and Family Therapy: Supervision and Training*.

"Lorrie has an excellent grasp of the theory and practice of EFT. She presents with clarity, warmth, and humor. I heartily recommend her training to any therapist wanting to learn the EFT model, both at the externship level and for advanced training or supervision."

- Yolanda von Hockauf, M.Ed., RMFT
Certified EFT Trainer and Supervisor

Participants from previous EFT training events have said:

"Lorrie is an expert in this model and presents difficult concepts clearly and coherently. I would recommend this seminar to anyone."

"Watching Lorrie work with my couple was like putting together the pieces of a puzzle I had been working with."

"Lorrie has a patient, up close, competent style; a very effective teacher – calm, clear, and an amazingly present clinician."

Registration:

Register and pay online at:

<https://www.lbrubacher.com/training/externships-in-emotionally-focused-therapy>

Prerequisite: have the training and educational qualifications to legally practice as a professional mental health practitioner or be in formal training to be a mental health practitioner.

For more information

email: lorrie@lbrubacher.com

www.lbrubacher.com

EXTERNSHIP in EMOTIONALLY FOCUSED THERAPY

October 2 - 5, 2019

Please check the boxes below. To register you must confirm the following statements.

I have the training and educational qualifications to legally practice as a professional mental health practitioner or I am in formal training to be a professional mental health practitioner.

I agree to not record any part of this training in any format (audio, video, or visual). Personal written notes of non-confidential material are permitted.

I agree to excuse myself from any video or live therapy sessions where I recognize either of the clients, and according to the ethics of my profession will keep confidential the personal identifying information of case material shared in this training.

Register and pay online at www.lbrubacher.com

REMINDER: The early bird deadline is August 1, 2019

Name

Address line 1

Address line 2

Email Address

Telephone (where you prefer to be contacted, if needed.)

Professional Designation or Student Designation

Prerequisite: You must have the training and educational qualifications to legally practice as a professional mental health practitioner or be in formal training to be a professional mental health practitioner.

Cancellations received in writing 14 days prior to event: full refund minus \$75.00.
Cancellation within 14 days of event: 50% refund. In the event a course is cancelled due to low registration, a refund will be issued in the full amount paid.